



The

Scoop



Viking School

May 2019

Adam Madsen
Principal

Kelly Arial
Assistant Principal

Trudy Josephson
Learning Coach

MaryAnn Newby
Admin Assistant

Deb Snider
Admin Assistant/EA

Laurie Maxwell
Learning Commons
Facilitator

Teaching Staff:

Zoe Anderson
Jana Arndt
Miranda Corrigan
Lana Golka
Stephen Hrabec
Emily Kennedy
Leann Ogrodnick
Shellaine Rogers
Shelby Roth
Richard Samson
Lori Sarafinchan
Marlene Taylor
Wendy Wilkie

Support Staff:

Veronica Hafso
Joleen Hoffman
Trish Hollar
Suzanne Jakubec
Colleen Loveseth
Debbie Shaver
Gwen Ulliac

From the Principal's Desk

May is here and spring is in the air (with a few snowflakes as well...)!

Track and field season is now starting up. Our junior high and senior high teams will be competing during the months of May and June.

Final exams are on the horizon. In addition to Viking School final exams, our Grade 12 students will be completing Diploma Exams in English and Physics and our Grade 6 and 9 students will be completing Provincial Achievement Tests (PATs). Diploma Exams are scheduled by Alberta Education and **must be written on the scheduled day**. Our first PATs will be the English Language Arts Part A exams on May 8th for Grade 6 and Grade 9 students. The full exam schedule is attached to this newsletter. Good luck to all of our students as they begin preparing for exams!

Planning for the 2018/2019 school year is ongoing. We do not have all of our budgeting and staffing information in place yet, but updates will be provided in June.

Our annual grade 10 orientation night will take place in June. The date and time will be an-

nounced via the Viking School website and Facebook group later in May.

The Kindergarten Fair/Orientation night will be taking place on May 22nd in the Kindergarten classroom, starting at 4pm.

Mr. Brick and Mrs. Josephson will be accompanying our Grade 6s on the yearly Ranch Camp field trip during the week of May 21st.

Viking School's graduation will take place on May 31st. Congratulations to our grad class of 2019 who are nearing the completion of their high school career. We wish you the best of luck in whatever the future may hold for you! Please celebrate responsibly and remember that school doesn't finish until the end of June so stay focused on your studies.

Please join us at our next School Council meeting on May 8th at 5:30 pm in the Home Ec room.



Mr. A. Madsen

VSPC Meeting

Wednesday, May 8th at 5:30 pm

Homec Room—Everyone welcome



Viking School Graduation Ceremony
May 31, 2019



WE "C.A.R.E." EVERYWHERE

No School for students May 3rd ,17th & 20th, or the 31st



A surprise snowfall on April 15th left 5 to 6 inches of wet snow on the school grounds. It did not last long, and neither did this snowman that some secondary students created.



THANK YOU! THANK YOU! THANK YOU!

Thank you to Mrs. Onel Potgeiter, and her family, for the donation of a car mat to the Inclusive Education program.

Shown above are Mrs. Potgeiter, Mrs. Loveseth and students, Willy, Derrick and Jacob

**ELEMENTARY
PLANT PICK UP
Monday, May13th
from
2:00pm - 4:00pm
Viking School Gym**



Note From Student Council....

School Spirit Day

May 24th—Chicken Dance Day

The pancake breakfast previously scheduled for May 11th has been cancelled.

Congratulations to all Graduates



Viking Junior High Badminton Team Strikes Gold!

On April 9th the Junior High Badminton Team played at the Divisional Meet in Tofield. Several of our Viking School students will be moving on to the Regional competition in Camrose.

Pictured are Gold Medal winners;

Keegan Morken and Logyn Littau in grade 9 mixed doubles.

Skylar Morken and Abbylynn Morken in grade 7 girls doubles.

Tanner Brooke in grade 9 boys singles.

Joshua Arndt and Garrett Russnak in grade 9 boys doubles.

Coach Singh and Jasmine Kaur celebrate a gold Medal for Jasmine in Grade 8 Girls Singles.

Pictured below is the 2019 Jr. High Badminton team with their coaches Mr. Jaspal Singh and Ms. Miranda Corrigan.



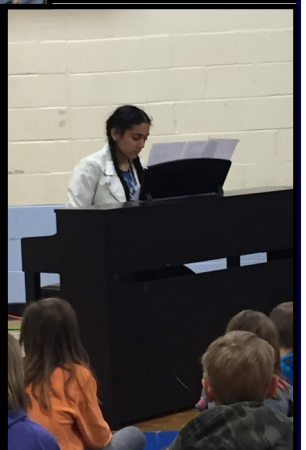


The grade one students were very busy in the week leading up to Easter. They built beautiful bunny baskets, prepared recipe cards, and then created handmade chocolate covered eggs.





Valhalla Music Club 2019 skillfully performed for students, friends and family on May 2nd. Mr. Madsen and Mr Samson, club organizers, joined the students on stage. And students were encouraged to come out and join the club next year.





A great big "thank you" to the Society of the Friends of Viking School Parent Council for the \$6500 donation towards the awesome new stage that was recently purchased for the Viking School.

2019 Badminton Season Ends on a High Note

The 2019 badminton season ended with another monumental achievement by Jasleen Kaur. It was only a few weeks ago that Jasleen was hopping around the school on crutches due to a foot injury, but she was determined to complete the trifecta of provincial championships in the girls singles category in all three of her senior high years. While her injury likely cost her a third gold medal, it did not deter her from winning silver at provincials at Calgary this past weekend. Congratulations to Jasleen!

On the junior side of things, our athletes enjoyed competitions at Tofield and Camrose. Three notable achievements at the Battle River Regional Competition included a gold medal from Jasmine Kaur in the grade 8 girls singles category, a silver medal from Tanner Brooke in the grade 9 boys singles category, and a bronze medal from Josh Arndt and Garrett Russnak in the grade 9 boys doubles category. Thank you to all athletes who participated this season. We hope to see you back next year.

I would also like to thank Mr. Jaspal Singh, Jasleen Kaur, Prabhleen Kaur, and Ms. Corrigan for coaching this season. They committed more hours into coaching badminton than ever before at Viking School and I saw a tremendous amount of improvement from all athletes over the course of the short season.

Submitted by Mr. Stephen Hrabec

Picture to the right are Jasleen Kaur, Silver medalist with the Gold and Bronze medalists



Track & Field Practice Schedule

***All practices will be from 3:20 - 5:00 p.m.**

***All grade 7 to 12 students are welcome to join. And no, it is not too late!**



Date
Tuesday, April 30th
Tuesday, May 7th
Wednesday, May 8th
Thursday, May 9th
Tuesday, May 14th
Wednesday, May 15th
Thursday, May 16th
Tuesday, May 21st
Wednesday, May 22nd
Thursday, May 23rd
Tuesday, May 28th
Wednesday, May 29th
Thursday, May 30th
Monday, June 3rd



Track and Field Event Schedule

Date	Event
TBA	Senior County Meet
Wednesday, May 22nd	Senior Area Meet
Monday, May 27th	Junior Division Meet
Wednesday, May 29th	Senior Zone Meet
Tuesday, June 4th	Junior Regional Meet

The 2019 Viking School Sports Awards Ceremony has been scheduled on Tuesday, June 11th at 12:30 p.m. at the Viking School Gymnasium.

Next years construction class will be looking for small building construction projects like a garden shed or a greenhouse. If you are interested in contracting the students to build a structure for you, please contact Mr. R Samson, Viking School, at (780)336-3352 or rsamson @brsd.ab.ca





Captain Loveseth, from Canwest Air, stopped by the Grade 3 class for a question and answer period about being a pilot and his experiences flying an air ambulance.

Thank you to Austin Gabrielle for inviting Captain Loveseth to come and speak to the Grade 3's.



George and Yohan help keep our students safe by blocking off the bus area , daily, so vehicles can't drive through.



Miguel helps Mrs. Koch keep the floors clean.



Deadline for ordering 2019 yearbooks is May 24th.
They can be purchased online.
For questions contact mnewby@brsd.ab.ca



Many Hands Make Light Work

Above—Some grade 11 students volunteered to help out by setting up the gymnasium to accommodate the audience and speakers for a Candidates Forum. The ATA Local and BRSD worked together to present the evening which was hosted in Viking on April 10th. Below -Miguel and Willy are good helpers with the spring cleaning around the school and get very excited to see the new plants coming up under all the mulch.





On May 1st students and staff at Viking School put their “Hats On For Mental Health” to raise the awareness of the importance of good mental health.



Kinder Fair

Wednesday, May 22nd
4:00—5:00

Bring your child to the kindergarten classroom to have some fun participating in centers, learn about next year and get some free stuff!!! Please bring Kindergarten Registration. **New date**

Elementary Provincial Achievement Test Schedule

May and June 2019

Achievement Test Administration Schedule: May/June 2019

Note: Achievement tests **must** be administered according to the dates and times indicated in this schedule, unless an alternate schedule has been approved by the Director, Examination Administration. *All students are able to access up to twice the allotted time to complete a test.*

Wednesday May 8	9:00 – 11:00 A.M.	Grade 6 English Language Arts Part A
Tuesday June 18	9:00 – 10:00 A.M.	Grade 6 English Language Arts Part B
Thursday June 20	9:00 – 10:00 A.M.	Grade 6 Social Studies
Monday June 24	9:00 – 10:30 A.M.	Grade 6 Mathematics Part A and B
Wednesday June 26	9:00 – 10:00 A.M.	Grade 6 Science



Viking Graduation Ceremony May 31, 2019



**RHETT WILLIAM ANDERSON
KRISTEN MARIE ASH
HUNTER LEE BARBER
JENNIFER ELIZABETH BOADWAY
NATHAN DAVID CARTER
MICHAEL ARNOLD DANDERFER
JORDAN DOUGLAS SYDNEY GOLKA
TIA LYNDA MARIE GIBLER
MATTHEW SCOTT HILDEBRAND
KOLE JUSTICE HOLLAR
JASLEEN KAUR
MYKENNA LEE LANNI
KYLE ALEXANDER LARSON
JAYNE EMILY ROSE MISKEW
KYLA LEE NADEAU
SAMUEL MARTTI JOHANNES OTTO
KIRSTEN MARIE RITCHIE
HALLEY JANAE RUZICKA
CARSON ROGER LLOYD SAFRANKA
DONOVAN GAGE SMITH**



“We’ve been doing it like this for 24 years. *Is it still the best way?”*”

The Battle River School Division wards and electoral subdivisions were created at the time the school division was formed in 1995.

Lots of things have changed in a quarter century. Is it time to change our ward structure too? Are the wards still serving communities well?

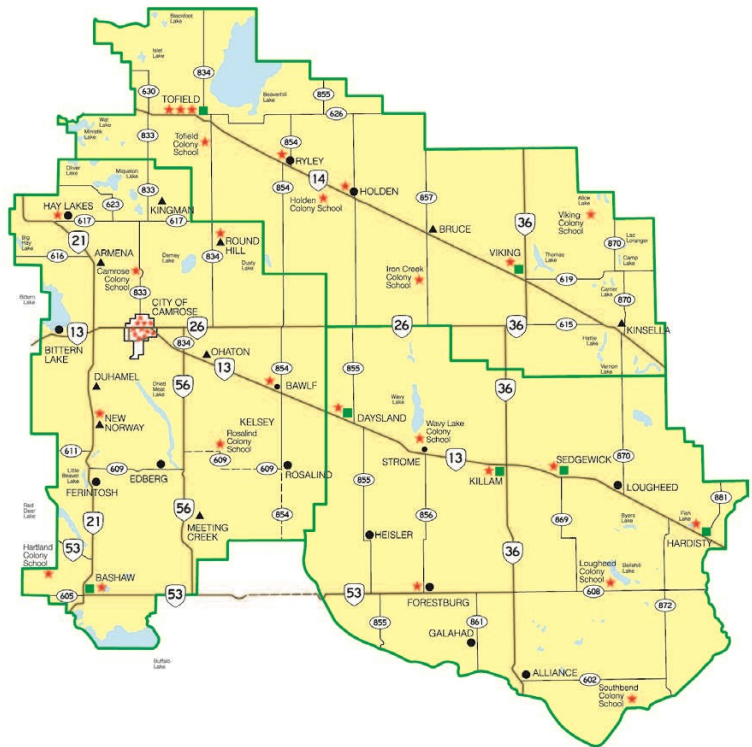
“What do you think?”

The BRSD Board of Trustees is hosting four conversations on this topic. Each one will be at 7 p.m. Please attend whichever location best suits your schedule:

- **Tuesday, April 30:** Central High Sedgewick Public School
- **Wednesday, May 1:** Ryley School
- **Thursday, May 2:** École Camrose Composite High School
- **Thursday, May 9:** New Norway School

No pre-registration needed.

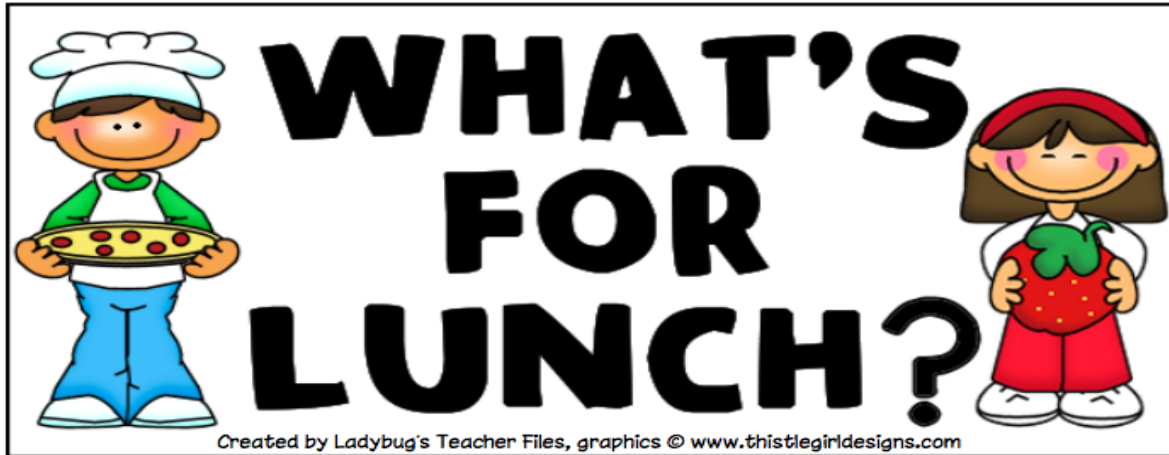
If you have questions, please contact
Imogene Walsh, Assistant Superintendent, Business
780-672-6131 ext. 5235



Viking School Parent Council: Hot Lunch Roster 2018-2019

"Hot Lunch" is a volunteer based program that offers families the opportunity to purchase lunch for their students on designated Tuesdays. **All profits raised through the Hot Lunch program are donated back to the school to benefit ALL students.**

Please find your child's name below, mark it on your calendar, and volunteer on your designated shift. If you are unable to attend, kindly find a replacement or switch with another parent. Confirmation of your attendance the Monday before your shift is greatly appreciated by calling Brandi Bird at 780-390-0707. THANKS in advance for taking your turn!



May: Viking Chinese Restaurant (Chinese) - 11:25 a.m. shift start

7th	14th	21st	28th
Dockstader, Conley Sarafinchan, Shelby Hay-Land, Kieran Skori, Colton	Holland, Brooklynn Wakefield, Breanne Patterson, Jaime Russnak, Emma	Phillips, Leighton Gabrielle, Austin Rausser, Connor Boadway, Jennifer	Guenther, George Stewart, Joshua Ritchie, Kirsten Knoch, Willow

June: Carena Kitchen (Wraps) - 11:25 a.m. shift start

4th	11th
Ridden, Jax Hill, Ian Ash, Kristen Hanson, Landon	Poche-Hegland, Katy Loades, Lacey Kittle, Aiden Bird, Aly

In case of inclement weather (where a majority of buses are not running), the hot lunch program will be postponed and students will need to bring their own lunch. Please check the school website and Facebook page for the new hot lunch date. Thank you!

THINKING AHEAD

Viking School Photo Days For Fall 2019
October 3rd and November 8th (for retakes)

SECONDARY FINAL EXAM SCHEDULE JUNE 2019

Wednesday May 8	9:00 – 11:00 A.M.	Grade 9 ELA PAT Part A (Computer Lab)
Wednesday June 12	9:00 – 12: 00 P.M.	English 30 Part A (Computer Lab)
Tuesday June 18	LAST DAY OF CLASSES FOR GRADE 10 - 12	
Wednesday June 19	LAST DAY OF CLASSES FOR GRADE 7 - 9	
Wednesday June 19	9:00 – 11:00 A.M.	Science 20 Final Exam (Room 408)
	9:00 – 12:00 P.M.	Math 30-2 Diploma Exam (Room 408)
Thursday June 20	9:00 – 12:00 P.M.	English 30 Part B (Room 407)
	8:45 – 10:05 A.M.	Grade 9 Social Studies PAT (Room 410)
	9:00 – 11:00 A.M.	Social 10-1 Final Exam (Gym)
	9:00 – 11:00 A.M.	Social 10-2 Final Exam (Gym)
	9:00 – 11:00 A.M.	Gr 7, 8 Language Arts Final Exam (Gym)
	9:00 – 11:00 A.M.	Social 20-1 Final Exam (Gym)
	9:00 – 11:00 A.M.	Social 20-2 Final Exam (Gym)
Friday June 21	SCHOOLS CLOSED: National Indigenous Peoples Day	
Monday June 24	8:45 – 10:35 A.M.	Grade 9 Math PAT Part A and B (Gym)
	9:00 – 11:00 A.M.	Gr 7,8 Math Final Exam (Gym)
	9:00 – 11:00 A.M.	Biology 20 Exam (Gym)
Tuesday June 25	8:45 – 10:00 A.M.	Grade 9 ELA 9 PAT Part B (Gym) Gr 7, 8 Social Studies Final Exam (Gym)
Wednesday June 26	9:00 – 12:00 P.M.	Chemistry 30 Diploma Exam (Gym)
	8:45 – 10:00 A.M.	Grade 9 Science PAT (Gym)
	9:00 – 11:00 A.M.	Gr 7, 8 Science Final Exam (Gym)
Thursday June 27	9:00 – 12:00 P.M.	Physics 30 Diploma Exam (Gym)
	1:00 – 4:00 P.M.	Science 30 Diploma Exam (Gym)

NOTES:

In class exams will also be taking place during the last week of classes

Diploma Examinations Schedule: June 2019

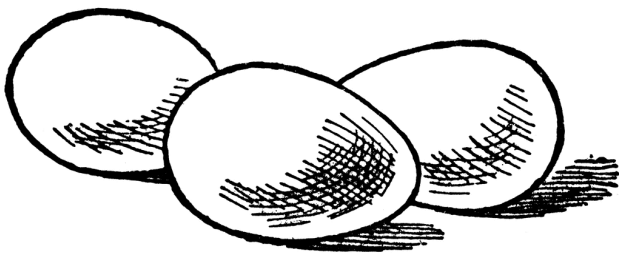
Diploma examinations **must** be administered according to the scheduled dates and times.

Achievement Test Administration Schedule: May/June 2019

Achievement tests **must** be administered according to the dates and times indicated in this schedule. All students are provided with up to double the official time as noted below, if they require it.



Miguel and Willy learn the steps of how to make an egg sandwich, including the best part, eating it!



If anyone currently with a child in grade one or two missed making a plate in Kindergarten, and would like their child to make one, please let Mrs.O or Mrs Golka know. The cost is \$9 a plate. The company we use is MakIt.



A big thank you to everyone that has been sending in their Boston Pizza receipts to the school office. The funds raised are used for curriculum enhancement that benefits our students. Please continue to tell your friends, family, and neighbors, and bring in those receipts.

Keep up the great work Viking!



Career Counselling

May Newsletter

Career Counselling Appointments

As we enter into our final weeks of the school year, opportunities to see the career counsellor may be more limited, please plan ahead with any final questions.

Skill Development	Canada Labour Force 2030	Dual Credit
<p>Develop new skills by...</p> <ul style="list-style-type: none"> • volunteering • committing to learning in trend areas • doing your homework • being persistent • promoting your skills, strengths & progress • leaning into the reality and feedback to grow <p><i>"By focusing on the foundational skills required...a high degree of mobility is possible between jobs."</i></p> <p>Humans Wanted, RBC, pg.3, 2018</p>	<p>The future state of the world of work in Canada will be <i>"older, more diverse, global, and knowledge-driven: A decade from now, the labour force will be visibly different from today."</i></p> <p><i>20% of Canadians will be over the age of 65 (compared to 17% today)</i></p> <p><i>60% of Canadians will be of working age (down from 65.5% today)</i></p> <p><i>62% What the labour force participation rate will be (today it is 66%)</i></p> <p>Humans Wanted, RBC, pgs .28, 29, 2018</p>	<p>Check out the variety of learning opportunities where students can earn both high school and post-secondary credits.</p> <ul style="list-style-type: none"> • No cost to students/families • Online format • Examples:, Heavy Oil & Gas, Esthetics, Soil Science, Safety & Nutrition, Accounting, Business Technology, Hospitality & Tourism, Medical Terminology, Human Relations, Criminal Justice, etc. <p>Check out Dual Credit possibilities in the <i>High School Plus</i> website or with your school's administration.</p>

myBlueprint Career Planning Tool...

Is your student in the right courses? Grade 9 and high school students planning next year's courses can use the *myBlueprint* high school planning tool to explore alternative high school plans to meet high school diploma/certificate requirements and/or post-secondary program prerequisites. Look for the **High School** section on the left-hand search bar in *myBlueprint*.

Your BRSD Career Counsellors, Lynda Kope & Carla Praticante

career counselling@brsd.ab.ca

Shed a Light on Mental Health

#MyMentalHealthPromise

What is good for the body is good
for the brain

Make a game plan for mental health and
include:

- Exercise
- Sleep
- Friend and family connections
- Eating well
- Avoiding alcohol and drugs
- Relaxation and creativity

Shed a Light on Mental Health

#MyMentalHealthPromise

Everyone has mental health

Just like a person can have good physical
health and at the same time have a
physical illness, people can have good
mental health and a mental illness at the
same time.

Good mental health means having the
capacity to successfully adapt to life's
challenges.

Shed a Light on Mental Health

#MyMentalHealthPromise

Make a mental health promise to
yourself and share it with others

Example promises:

- Promote good mental health by the
things you say and do
- Listen openly to people experiencing
mental health problems
- Give all individuals understanding,
compassion and support when they
need it

Shed a Light on Mental Health

#MyMentalHealthPromise

Pay attention to the early signs and
symptoms of mental health problems

- Additional support may be needed for
anyone struggling through a difficult
situation
- Getting help early aids in developing
good lifelong coping skills
- Learn about the resources and
supports available in the community

MORE RESOURCES

Help4me.ca
anxietycanada.com/

Information on mental health, community supports, programs and services in your area:



Addiction Services Help Line
1-866-332-2322

Mental Health Help Line
1-877-303-2642

